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## Calhoun County Schools Breakfast

September 2019				
Monday Sep - 2	Tuesday Sep - 3	Wednesday Sep - 4	Thursday Sep - 5	Friday Sep - 6
Labor Day	Breakfast Wrap OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Pancakes Sausage Patty OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Breakfast, Egg and Ch OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Pizza, Breakfast sausa OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice
Sep - 9	Sep - 10	Sep - 11	Sep - 12	Sep - 13
Poptart Cereal Bar OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Pancake, mini Berry Sausage, Patty OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Waffles Sticks Sausage Link OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Chicken Biscuit OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Breakfast Bagel OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice
Sep - 16	Sep - 17	Sep - 18	Sep - 19	Sep - 20
Muffin Yogurt OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Ham Cheese Croissant OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Pancake Pup OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Egg Cheese Biscuit OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Breakfast Bites OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice
Sep - 23	Sep - 24	Sep - 25	Sep - 26	Sep - 27
Poptart Cereal Bar OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	French Toast Sticks Sausage Link OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Sausage Biscuit OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice	Pancake, mini Berry Sausage, Patty OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Breakfast Wrap OR Cereal Yogurt With Fruit Choice With Juice Assorted Milk Choice
Sep - 30				
Pancakes Sausage Patty OR Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice				

Meals must have 1/2 cup fruit or vegetable and at least 2 other choices (meat, bread/grain or milk) as part of the Offer vs Serve Program. Menu is subject to change.

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.